Consommer local avec L'AMAP

Association pour le Maintien d'une Agriculture Paysanne

AMAP de la Crau

## *Calendrier des distributions : Printemps - Eté - Automne 2025*

| DATES | Légumes | Pain | Œufs | Fruits | Miel | Viandes | From. Chèvre | VIN | Champignons | Cosmétiques | NOIX Châtaignes |
|---|---|---|---|---|---|---|---|---|---|---|---|
| ***Avril 2025*** | | | | | | | | | | | |
| 01/04/2025 | X | X | X | | | X | X | | | X | |
| 08/04/2025 | X | X | X | | X | | | | X | | |
| 15/04/2025 | X | X | X | | | X | X | | | | |
| 22/04/2025 | X | X | X | | | | | | X | | |
| 29/04/2025 | X | X + Far | X | | | | X | | | | |
| **Mai 2025** | | | | | | | | | | | |
| 06/05/2025 | X | X | X | | | X | | | X | | |
| 13/05/2025 | X | X | X | | X | | X | | | | |
| 20/05/2025 | X | X | X | | | X | | | X | | |
| 27/05/2025 | X | X + Far | X | | | | X | | | | |
| **Juin 2025** | | | | | | | | | | | |
| 03/06/2025 | X | X | X | | X | X | | | X | X | |
| 10/06/2025 | X | X | X | | | | X | | | | |
| 17/06/2025 | X | X | X | | | X | | | X | | |
| 24/06/2025 | X | X + Far | X | | | | X | | | | |
| **Juillet 2025** | | | | | | | | | | | |
| 01/07/2025 | X | X | X | | X | X | | | X | X | |
| 08/07/2025 | X | | X | | | | X | | | | |
| 15/07/2025 | X | X | X | | | X | | | | | |
| 22/07/2025 | X | X | X | | | | | | | | |
| 29/07/2025 | X | X + Far | X | | | | | | | | |
| **Août 2025** | | | | | | | | | | | |
| 05/08/2025 | X | X | X | | X | X | | | | | |
| 12/08/2025 | X | X | X | | | | | | | | |
| 19/08/2025 | X | X | X | | | X | | | | | |
| 26/08/2025 | X | X + Far | X | | | | | | | | |
| **Septembre 2025** | | | | | | | | | | | |
| 02/09/2025 | X | X | X | | | X | X | | | X | |
| 09/09/2025 | X | X | X | | X | | | | X | | |
| 16/09/2025 | X | X | X | | | X | X | | | | |
| 23/09/2025 | X | X | X | | | | | | X | | |
| 30/09/2025 | X | X + Far | X | | | | X | | | | |
| **Octobre 2025** | | | | | | | | | | | |
| 07/10/2025 | | | | | | | | | X | | |
| 14/10/2025 | | | | | | | X | | | | |
| 21/10/2025 | | | | | | | | | X | | |
| 28/10/2025 | | | | | | | | | | | |
| **Novembre 2025** | | | | | | | | | | | |
| 04/11/2025 | | | | | | | | | X | | |
| 11/09/2025 | | | | | | | | | | | |
| 18/11/2025 | | | | | | | | | X | | |
| 25/11/2025 | | | | | | | | | | | |
| **Décembre 2025** | | | | | | | | | | | |
| 02/12/2025 | | | | | | | | | X | | |
| 09/12/2025 | | | | | | | | | | | |
| 16/12/2025 | | | | | | | | | X | | |
| 23/12/2025 | | | | | | | | | | | |
| 30/12/2025 | | | | | | | | | | | |